

Hampton Ponds State Park Trail, Westfield

Hampton Ponds State Park offers water based recreation activities and picnicking. The park also has a designated one-half mile healthy heart walking trail. The trail is a partially paved path that wanders along the pond and shoreline.

Location:	Off Route 202 in Westfield.
Trail Type:	Partially paved, flat walking path
Length/Difficulty:	0.5 mile; Easy
Permitted Uses:	Fishing, canoeing, boating (all types), picnicking, jet skiing, and swimming
Parking:	5 parking areas
Facilities:	Restrooms (closed October-April), boat ramp, and picnic areas
Information:	http://www.mass.gov/dcr/parks/central/hamp.htm